This listing of claims will replace all prior versions, and listings, of claims in the application:

Please amend claims 1 and 8 as follows:

## **Listing of Claims:**

1. (currently amended) A composite fiber-resin structural member, comprising:

fiber-resin tubing including a central axis; and

an elongated truss having a longitudinal axis and including at least two wires and a plurality of diametral fibers;

wherein the truss fits within the fiber-resin tubing such that the central axis of the fiber-resin tubing and the longitudinal axis of the truss are coaxial and the diametral fibers are connected to the fiber-resin tubing with resin.

- 2. (original) The structural member of claim 1, wherein the diametral fibers comprise carbon fiber.
- 3. (original) The structural member of claim 1, wherein the diametral fibers form circular bundles around the wires.
- 4. (original) The structural member of claim 1, wherein the diametral fibers are of substantially equal length from the longitudinal axis of the truss.
- 5. (original) The structural member of claim 1, wherein a diameter of the truss is substantially the same as an inside diameter of the fiber-resin tubing.
- 6. (original) The structural member of claim 1, wherein at least one of the wires of the truss is mechanically textured.

- 7. (original) The structural member of claim 6, wherein the mechanically textured wire includes a repeating distortion along at least a portion of its length.
- 8. (currently amended) A composite fiber-resin structural member, comprising:

fiber-resin tubing including a central axis; and

an elongated truss having a longitudinal axis and including a wire and a plurality of diametral carbon fibers forming bundles around the wires;

wherein the truss fits within the fiber-resin tubing such that the central axis of the fiber-resin tubing and the longitudinal axis of the truss are coaxial and the diametral fibers are connected to the fiber-resin tubing with resin.

- 9. (original) The structural member of claim 8, wherein the diametral fibers are of substantially equal length from the longitudinal axis of the truss.
- 10. (original) The structural member of claim 9, wherein a diameter of the truss is substantially the same as an inside diameter of the fiber-resin tubing.
- 11. (original) The structural member of claim 8, wherein the wire is mechanically textured.
- 12. (original) The structural member of claim 11, wherein the mechanically textured wire includes a repeating distortion along at least a portion of its length.
  - 13. (original) A composite fiber-resin structural member, comprising: fiber-resin tubing including a central axis; and

an elongated truss having a longitudinal axis and including at least two wires and a plurality of diametral carbon fibers forming circular bundles around the wires;

wherein the truss fits within the fiber-resin tubing such that the central axis of the fiber-resin tubing and the longitudinal axis of the truss are coaxial, the diametral fibers are connected to the fiber-resin tubing with resin, and wherein the diametral fibers are of substantially equal length from the longitudinal axis of the truss.

- 14. (original) The structural member of claim 13, wherein at least one of the wires of the truss is mechanically textured.
- 15. (original) The structural member of claim 14, wherein the mechanically textured wire includes a consistent and repeating distortion along at least a portion of its length.